

# UNITED WAY OF THE CAPITAL REGION DAY OF CARING

LIVE UNITED

## WHEN IS DAY OF CARING?

Day of Caring is traditionally held the Friday after Labor Day. The 2019 event is scheduled for Friday, September 6, from 9 a.m. - 2 p.m.

## WHAT IS UNITED WAY OF THE CAPITAL REGION'S (UWCR) DAY OF CARING?

Day of Caring, *sponsored by PNC*, is a one-day event set aside for volunteer opportunities at local nonprofit agencies. United Way of the Capital Region solicits volunteers from local companies and projects from schools, parks, arts and cultural organizations, environmental groups, and health and human service agencies. The volunteers and projects are then matched together for the day. A wide range of projects are submitted including: painting, landscaping, computer assistance, reading to children, organizing files, sorting donations and outdoor clean up, to name a few.

## WHY SHOULD I PARTICIPATE IN DAY OF CARING?

This event gives you the opportunity to help those less fortunate than yourself by volunteering your services. Many volunteers continue to work with the agencies after Day of Caring.

## CAN I CHOOSE THE TYPE OF PROJECT I WORK ON THAT DAY?

Unfortunately, no. Due to the size and scope of this volunteer effort, it is almost impossible to place every individual in a project of their choosing. However, we do attempt to place company employees together at one agency whenever possible to promote teamwork and camaraderie. United Way's Volunteer Center can help you with ongoing volunteer opportunities around your particular area of interest if you choose to volunteer throughout the year.

## WHAT IF I CAN ONLY WORK FOR HALF OF THE DAY?

Most people choose to volunteer for the full day, 9 a.m. – 2 p.m. If you are unable to participate for the full day, the Volunteer Center can work with you or your company to schedule a volunteer project at another time.

## WHAT DO AGENCIES GET OUT OF DAY OF CARING?

The agencies submitting projects are charitable organizations that do not have a lot of money to spend on the types of projects they need completed (i.e. painting rooms, computer assistance, etc.). Day of Caring allows agencies to complete these projects, while not expending funds needed to service their clientele.

## WHAT KINDS OF AGENCIES ARE INVOLVED IN DAY OF CARING?

Any charitable nonprofit in the community is eligible to participate in the event, including the traditional health and human service agencies, arts and cultural organizations, animal welfare groups, schools and environmental agencies.

## HOW DO I PARTICIPATE IN THE DAY OF CARING?

Contact Heidi Neuhaus, director of the Volunteer Center, at 717.724.4055 or [hneuhaus@uwcr.org](mailto:hneuhaus@uwcr.org) to request information about Day of Caring.

United Way of  
the Capital Region

