



## FOR IMMEDIATE RELEASE

CONTACT: Jennifer Lauer Daniels  
Communications Manager  
Phone: 717.724.4059  
E-mail: [jdaniels@uwcr.org](mailto:jdaniels@uwcr.org)

### LOCAL UNITED WAY SEEKS NOMINATIONS FOR VOLUNTEER OF THE YEAR AND ESSENCE OF HUMANITY AWARDS

HARRISBURG – (January 24, 2019) – United Way of the Capital Region’s Volunteer Center is accepting nominations for the Volunteer of the Year and Essence of Humanity awards, which recognize individuals and groups for their outstanding community service in Cumberland, Dauphin and Perry counties.

Volunteer of the Year awards are presented in the following categories:

- Youth – individual nominees, 17 years-of-age or younger
- Adults – individual nominees, 18 years-of-age or older
- Groups – groups of volunteers, any age
- Founder’s Award – outstanding volunteer leadership

The Essence of Humanity Award is given to an individual who demonstrates remarkable courage, love, strength, determination, encouragement, inspiration and persistence in the face of adversity. The award is open to:

- Individuals who have overcome challenges through adversity or obstacles involving economic hardship, physical disabilities, physical and/or mental illness, etc.
- Caregivers who have exhibited attributes worthy of recognition in delivering special care for those individuals described above. These individuals may fall under the category of parent, extended family member, coach, counselor, physician, social worker, neighbor, benefactor, etc.

A panel of judges will review the nominations and select awards recipients. Individuals interested in nominating an individual or group must complete a simple form and return it to The Volunteer Center by 3 p.m. on Friday, February 15. Awards will be presented Thursday, April 18 at an event sponsored by Highmark Blue Shield.

To obtain a nomination form for the Volunteer of the Year or Essence of Humanity awards, visit our website at [uwcr.org](http://uwcr.org).

For more information, contact Heidi Neuhaus, director of The Volunteer Center, at 717.724.4055, or e-mail her at [hneuhaus@uwcr.org](mailto:hneuhaus@uwcr.org).

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