



UNITED WAY OF THE CAPITAL REGION POWER OF A GIFT

LIVE UNITED



\$1 per week - Provides 208 meals through the Central Pennsylvania Food Bank.



\$2 per week - Provides an individual in need with glasses.



\$3 per week - Provides 26 literacy kits with books and crafts to help children prepare academically for kindergarten.



\$4.50 per week - Enables 1 individual in urgent dental pain to see a dentist.



\$6.50 per week - Enables 3 individuals the ability to receive one psychotherapy treatment.



\$7.50 per week - Provides 19 people with 2 suits/dresses, a pair of shoes and a personal grooming kit to prepare them for job interviews and employment.



\$8 per week - Provides a full day of food and shelter to 2 families of 4. This service includes providing breakfast, lunch and dinner, the costs to mobilize and distribute a cot, two blankets and a comfort kit as well as the costs of workers to provide this service.



\$22.75 per week - Provides child care for 1 infant for 1 month so their parent(s) can go to work.

For more information, contact United Way of the Capital Region at 717.732.0700, or visit uwcr.org.

United Way of
the Capital Region

